

# Unit 3: Information is Physical

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In this unit, we discuss the physics behind various realizations of quantum information carriers. We will learn the physics language and some related mathematics.

Learning outcomes: You'll be able to know various physical systems and candidates to realize qubits and quantum computers.

Note that there are many pictures that were used from other sources on the web or papers. Hopefully, these will be acknowledged appropriately as current notes were put together in a haste.

## I. INTRODUCTION

We need physical systems to encode, carry and process quantum information, so we will learn a few different systems and how to use them to realize qubits. These include superconducting qubits, solid-state spin qubits, photons, trapped ions, and topological qubits (p-wave superconductors, fractional quantum Hall systems, topological insulators, etc.).

What properties do these need to have in order to be a good platform for quantum information processing or even for building a full-fledged quantum computer? In 2000, David DiVincenzo (then at IBM) came up a list, which is now referred to as the DiVincenzo's criteria [1] (see also an article in Nature Reviews Physics [2]) .

- A scalable physical system with well-characterized qubits.
- The ability to initialize the state of the qubits to a simple fiducial state, such as  $00 \dots 0$ .
- Long relevant decoherence times (relaxation  $T_1$ , dephasing  $T_2$ ), much longer than the gate operation time.
- A “universal” set of quantum gates: e.g. Hadamard gate,  $T$  gate and CNOT gates (discussed more in later lectures).
- A qubit-specific measurement capability.

Two more items that are needed for quantum communication.

- The ability to interconvert stationary and flying qubits.
- The ability to faithfully transmit flying qubits between specified locations.

There have been many commercial quantum computers emerging (some with qubit number over one hundred) and they are available for users to try and test the performance [3]. The world of quantum computing is now at a much advanced place than, say, 20 years ago, when I was still a graduate student and in the days of one and two qubits.

## II. VARIOUS PHYSICAL SYSTEMS

**A. Light & photons** [4, 5]. Advantage: clean, low decoherence; Disadvantage: hard to entangle, loss of photons can be an issue. See Fig. 1 for an overview of different photonic qubit realizations.

Even for light/photons, there are several degrees of freedoms that one can use.

1. Polarization (direction of Electric field): Horizontal 0, Vertical 1 (Z-basis); Diagonal, Antidiagonal (X-basis); Right circular, Left circular (Y-basis). Their qubit sphere is also called Poincaré sphere; see, e.g., [https://en.wikipedia.org/wiki/Polarization\\_\(waves\)#Poincaré\\_sphere](https://en.wikipedia.org/wiki/Polarization_(waves)#Poincaré_sphere).

2. Time bins (pulse position): use a Mach-Zehnder interferometer to split the pulse.

3. Dual-rail encoding: Used in Knill-Laflamme-Milburn scheme of linear-optic quantum computation [6]. Essentially, there are two ‘modes’ that a photon can reside in (note similar to double slits). We can define (1)  $|0\rangle$  as the case where there is only one photon in the first mode and zero photon in the second mode, and (2)  $|1\rangle$  as the case where there is only one photon in the second mode and zero photon in the first mode.

4. Continuous-variable: e.g. coherent state. The so-called ‘cat’ states or codes are a popular subject for quantum computation in superconducting qubits coupled via cavity modes [7]; see also a news article at Yale University’s website: <https://news.yale.edu/2020/08/12/yale-quantum-researchers-create-error-correcting-cat>.

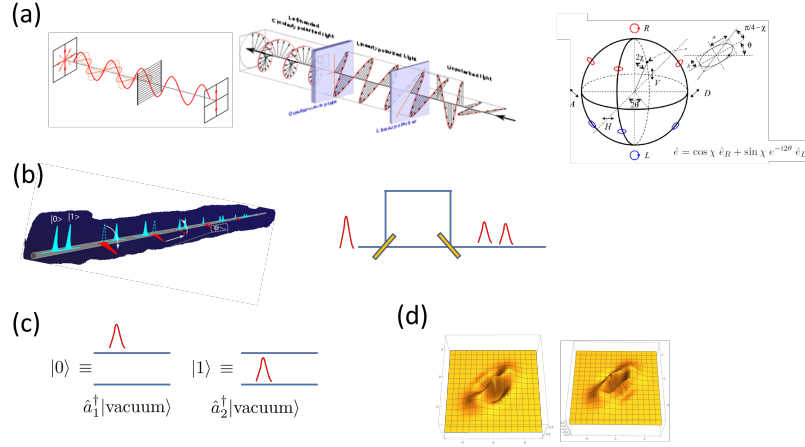


FIG. 1. Various qubit implementations with light. (a) Polarization, (b) Time bins, (c) Dual rails, and (d) Coherent state or continuous variables.

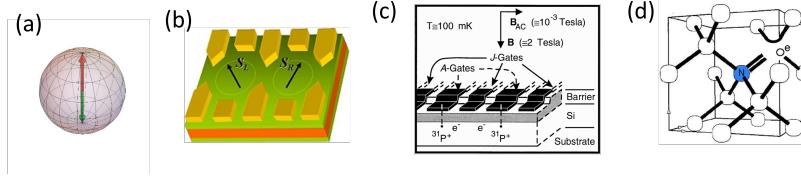


FIG. 2. Various qubit implementations with spins. (a) Bloch sphere of a spin, (b) Quantum dots, (c) Phosphorus donors on silicon, and (d) Nitrogen-vacancy centers in diamond.

Photons are bosons and there are operators to describe their creation and annihilation; see below in Eq. (1).

**B. Spins.** The examples are electron spins, diamond NV center [8], quantum dots [9], nuclear spins [10], etc. In general, spin angular momentum operators are associated with generators of rotation (setting  $\hbar \equiv 1$  for convenience):

$$(-i)S_\alpha = \frac{d}{d\theta} \Big|_{\theta \rightarrow 0} R_\alpha(\theta), \quad [S_x, S_y] = iS_z, \quad [S_y, S_z] = iS_x, \text{ etc.}$$

We have seen Pauli matrices and they are related to spin-1/2 particles that two states up ( $S_z = +1/2$ ) and down ( $S_z = -1/2$ ), and the spin operators are related to Pauli matrices in this way:

$$\vec{S}_\alpha = \frac{1}{2} \vec{\sigma}_\alpha = \frac{1}{2} (X, Y, Z).$$

Advantage: spin-1/2 is precise 2-level system; controllable by magnetic field. Disadvantage: solid-state environment is noisy and the spins have short coherence time. See Fig. 2 for an overview of various systems with spins.

Researchers have grown quantum dots using semiconductors by electrically confined an area that form the shape of a dot and such a dot can host an effective electron [9]. The two electrons on neighboring dots interact via Heisenberg coupling, whose strength can be via electronic back gates:  $\hat{H} = J \vec{S}_L \cdot \vec{S}_R$ . Phosphorus donors on pure silicon (nuclear spin) was also proposed for implementing qubits [10], which is a system focused by many researchers in Australia. Both systems have the advantage of integrating with current silicon technology.

Nitrogen-vacancy (NV) center in diamond [8, 11, 12]: e.g. the negatively charged state  $N-V^-$  electron spins (ground state with  $S = 1$ ) can be manipulated by electric field and magnetic field. Coherence time is micro-to-milliseconds and can be made longer by “dynamical decoupling”. It is also proposed to also use a NV center and nearby  $^{13}\text{C}$  nuclear spin for quantum operation. Wikipedia has a nice explanation of NV center [https://en.wikipedia.org/wiki/Nitrogen-vacancy\\_center](https://en.wikipedia.org/wiki/Nitrogen-vacancy_center); note that labeling of the electronic levels shown there, such as,  $A$  and  $E$ , originated from group theory; see [https://chem.libretexts.org/Bookshelves/Physical\\_and\\_Theoretical\\_Chemistry\\_Textbook\\_Maps/Supplemental\\_Modules\\_\(Physical\\_and\\_Theoretical\\_Chemistry\)/Group\\_Theory/Understanding\\_Character\\_Tables\\_of\\_Symmetry\\_Groups](https://chem.libretexts.org/Bookshelves/Physical_and_Theoretical_Chemistry_Textbook_Maps/Supplemental_Modules_(Physical_and_Theoretical_Chemistry)/Group_Theory/Understanding_Character_Tables_of_Symmetry_Groups), for the explanation of the notation.

**C. Trapped ions.** There is a nice review on co-designing a scalable quantum computer with trapped ions: see Ref. [13]. The early design to trap ions is to use the so-called Paul trap that has a quadrupole potential. Nowadays a major

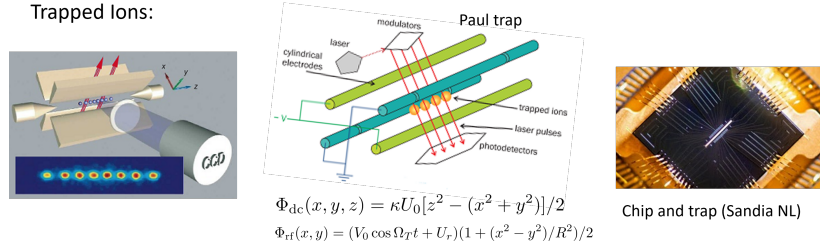


FIG. 3. Trapped ions in a linear trap.

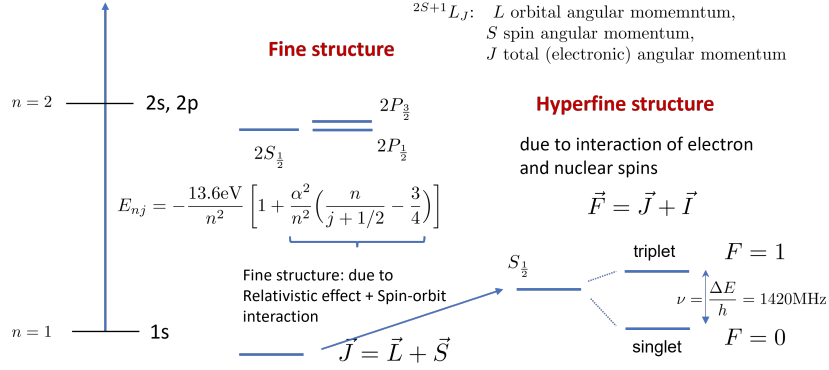


FIG. 4. Illustration of electronic levels, fine and hyperfine structure of a hydrogen atom (not to scale).

design consists of four rods at certain DC and AC potentials, referred to as a linear rf Paul trap, as shown in Fig. 3, which are

$$\Phi_{dc}(x, y, z) = \kappa U_0 [z^2 - (x^2 + y^2)]/2, \quad \Phi_{rf}(x, y) = (V_0 \cos \Omega_T t + U_r)(1 + (x^2 - y^2)/R^2)/2.$$

In the figure, we see that an rf potential is applied to two opposite rods and the other two (control electrodes) are kept at the rf ground, generating a nearly harmonic ponderomotive pseudopotential in the x-y plane. The confinement along the longitudinal direction is achieved by dividing the control electrodes into segments and applying appropriate static potentials.

According to Earnshaw's theorem, the maximum or minimum of a static electric field potential cannot be at the interior of a region and hence it is impossible to trap a charged particles in 3D with any static configuration. But using time-dependent field, it is then possible. The ions used usually have one electron at the outermost shell, such as  $^9\text{Be}^+$  (Wineland's group),  $^{40}\text{Ca}^+$  (Blatt's group);  $^{133}\text{Ba}^+$ , and  $^{171}\text{Yb}^+$  (used by IonQ, Monroe's group), etc. A qubit is defined by selecting two levels in the respective ion's electronic states, e.g., in the hyperfine levels.

To understand the physical states (i.e., hyperfine states) used, we need to understand state in the electronic levels, fine and hyperfine structures. We will illustrate these with the hydrogen. Most of you know energy levels of a hydrogen atom and some orbitals,  $1s, 2s, 2p, 3s, 3p, 3d$ , etc. (where  $n = 1, 2, 3..$  is the so-called principal quantum number). See Fig. 4.

In physics or chemistry, the energy levels are usually denoted by a symbol  $^{2S+1}L_J$ , where  $L$  is the orbital angular momentum,  $S$  the spin angular momentum, and  $J$  total (electronic) angular momentum

Fine structure refers to finer details of the electronic levels that are split by effects such as relativistic effect and spin-orbit interaction. In this case, the total angular momentum is conserved:  $\vec{J} = \vec{L} + \vec{S}$ .

$$E_{nj} = -\frac{13.6\text{eV}}{n^2} \left[ 1 + \underbrace{\frac{\alpha^2}{n^2} \left( \frac{n}{j+1/2} - \frac{3}{4} \right)}_{\text{Relativistic effect \& Spin-orbit interaction}} \right]$$

Hyperfine structure: further splitting of levels is due to interaction of electrons with nuclear spins.  $\vec{F} = \vec{J} + \vec{I}$ , where  $\vec{I}$  is the nuclear spin operator. The famous 21 centimeter line (with frequency approximately 1.42 GHz), or the H I spectral line, is caused by the transition between the splitting of the  $S_{1/2}$  levels into a singlet ( $F = 0$ ) and three triplet ( $F = 1$ ) states. It plays an important role in radio astronomy; for example, the Doppler shift of this hydrogen line can be used to probe the relative speed of stars or part of the galaxies.

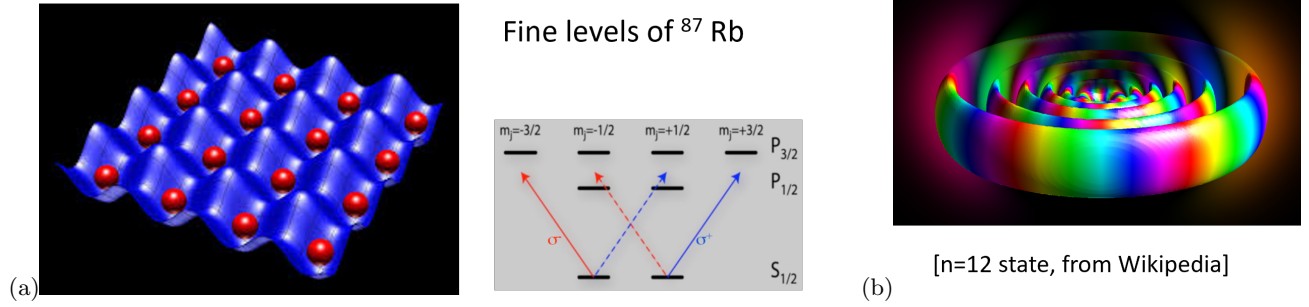


FIG. 5. Illustration of neutral atoms: (a) Alkali atoms (e.g. Rb) in optical lattice and (b) Rydberg atoms.

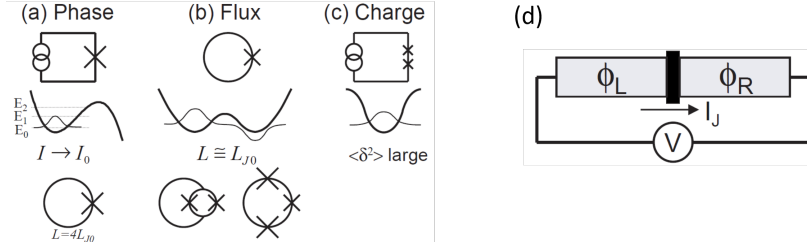


FIG. 6. Illustration of several designs of superconducting qubits (a-c), and illustration of a Josephson junction (d).

For further discussions on building up qubits and gates in trapped ions, see Ref. [13].

#### D. Trapped neutral atoms. See Fig. 5.

1. Optical Lattice: various alkali atoms are used. Two states in the ground hyperfine levels can be used to encode a qubit.
2. Rydberg atoms (electronic states with high principal  $n$  number). For hydrogen-like atoms, radius is roughly

$$r_n \sim n^2 a_{\text{Bohr}} / Z.$$

Two hyperfine ground states  $|0\rangle$  and  $|1\rangle$  and use a Rydberg state  $|r\rangle$  to construct a controlled gate via the Rydberg blockade.

For further discussions on neutral atoms for quantum computing, see, e.g., Refs. [14, 15].

**E. Superconducting qubits.** Superconducting qubits: (a) Phase; (b) Flux; (c) Charge; (d) Transmon/Xmon. (See Figs. 6 & 7). Crucial ingredient: Josephson junction that gives rise to nonlinear inductance; see Fig. 6d.

Here is the Josephson relations:

$$I_J = I_0 \sin(\phi_L - \phi_R) = I_0 \sin \delta, \quad V = \frac{\Phi_0}{2\pi} \frac{d\delta}{dt}, \quad \Phi_0 \equiv \frac{h}{2e},$$

where  $\delta$  is the phase difference between two superconductors across the junction. From the relation between voltage, inductance and current rate,  $V = L \frac{dI}{dt}$ , we get for the Josephson junction,

$$V = L_J \frac{dI_J}{dt} = L_J I_0 \cos \delta \cdot V \frac{2\pi}{\Phi_0}, \quad L_J = \frac{\Phi_0}{2\pi I_0 \cos \delta} = \pm \frac{\Phi_0}{2\pi \sqrt{I_0^2 - I_J^2}}.$$

Energy stored in junction:

$$U = \int V I_J dt = -\frac{\Phi_0 I_0}{2\pi} \cos \delta = -E_J \cos \delta,$$

where  $E_J = \frac{\Phi_0 I_0}{2\pi}$  is the Josephson energy.

The proposal of the transmon originally came from the work of Koch and collaborators [16]. As there are metallic plates and hence capacitors, another contribution to the total energy is the so-called ‘charging’ energy:  $\frac{Q^2}{2C}$ . In superconductors, two electrons combine to form a Cooper pair with charge  $2e$ , and thus this energy is also written as



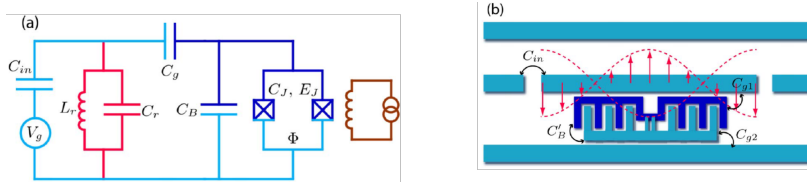


FIG. 7. Illustration of the design of a transmons. Koch et al.

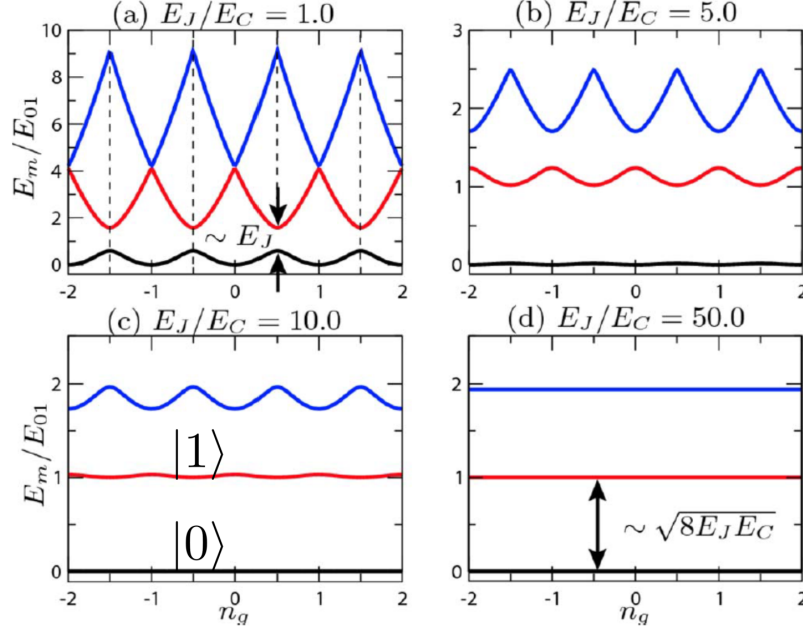


FIG. 8. Illustration of the energy levels of a transmons; pictures from Koch et al. [16].

$4e^2\hat{n}^2/(2C) = E_c\hat{n}^2$ , where  $\hat{n}$  denote the number operator for the Cooper pair. We often add a charge offset (which can be due to other charges or a backgate) to the energy:  $\hat{n}^2 \rightarrow (\hat{n} - n_g)^2$ , so the total Hamiltonian is

$$\hat{H}(n_g) = 4E_c(\hat{n} - n_g)^2 - E_J \cos \hat{\delta}.$$

In quantum mechanics, the position operator  $\hat{x}$  and momentum operator  $\hat{p}$  do not commute:  $[\hat{x}, \hat{p}] = i\hbar$ . This means  $\hat{p} = (\hbar/i)d/dx$ . Here, for the two operators  $\hat{n}$  and  $\hat{\delta}$ , they satisfy  $[\hat{\delta}, \hat{n}] = i$ . What this means is that the Hamiltonian acts on a state described by a wavefunction in  $\delta$  is

$$\hat{H}(n_g) = 4E_c(-i d/d\delta - n_g)^2 - E_J \cos \hat{\delta}.$$

But we will not explicitly solve the equation  $\hat{H}\psi(\delta) = E\psi(\delta)$ . Solving this will give discrete energy levels for the system; see Fig. 8 for some examples. For further discussions on superconducting quantum computing systems, see, e.g., Refs. [17–19] and Les Houches Lecture Notes “Superconducting Qubits and the Physics of Josephson Junctions,” by J. Martinis and K. Osbourne [17] at <https://web.physics.ucsb.edu/~martinisgroup/classnotes/finland/LesHouchesJunctionPhysics.pdf> and the book chapter “Circuit QED: Superconducting Qubits Coupled to Microwave Photons” by S. Girvin [20].

### III. TOPOLOGICAL QUBITS

To understand how topological qubits utilize anyons, we will step back and understand the properties of bosons and fermions.



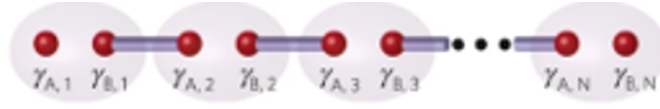
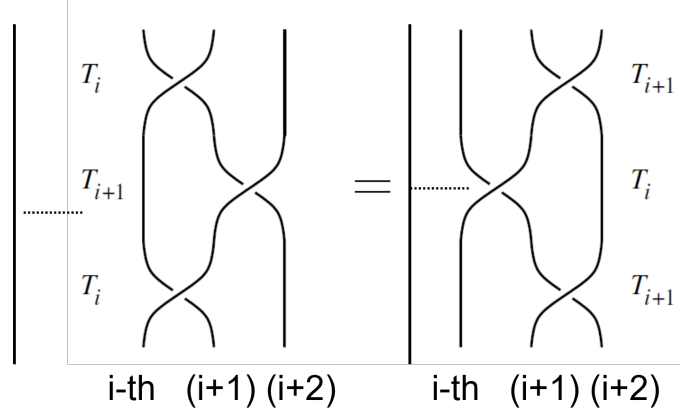


FIG. 10. Illustration of the Kitaev's chain in the topological phase, i.e. with Majorana zero modes at the ends. Picture taken from Ref. [26].

They form a group but there is some constraint:

$$T_i T_{i+1} T_i = T_{i+1} T_i T_{i+1},$$

as illustrated in the graphical equation (or braid equation) below.



The goal is to find anyons whose braid group gives rise to ‘universal’ gates (see next unit) so that any quantum circuit can be expressed in terms of elements in the braid group. Whether this can be done depends on the type of anyon models. For example, Fibonacci anyons are universal, but Ising anyons are not.

**More on Majorana fermions/zero modes.** In condensed matter systems, Majorana fermions are more appropriately called Majorana zero modes. There are “Majorana” operators that we can define from fermion operators,

$$\hat{\gamma}_B \equiv \hat{c} + \hat{c}^\dagger, \quad \hat{\gamma}_A \equiv (\hat{c} - \hat{c}^\dagger)/i.$$

These Majorana operators satisfy

$$\hat{\gamma}_A^2 = I = \hat{\gamma}_B^2, \quad \hat{\gamma}_B^\dagger = \hat{\gamma}_B, \quad \hat{\gamma}_A^\dagger = \hat{\gamma}_A.$$

They are like ‘halves’ of a fermion. One example that Majorana fermions can arise is the Kitaev’s fermion chain (with p-wave pairing) [23], and the simplest model is

$$H = - \sum_{x=1}^{N-1} (\hat{c}_x^\dagger \hat{c}_{x+1} + \hat{c}_x \hat{c}_{x+1} + h.c.) = -i \sum_{x=1}^{N-1} \hat{\gamma}_{B,x} \hat{\gamma}_{A,x+1}.$$

(Note that Kitaev’s fermionic chain corresponds to the Ising spin model and its topologically ordered phase corresponds to the spontaneously symmetry breaking ordered phase; see, e.g., Refs. [24, 25].) Despite that this is a one-dimensional structure, it has been proposed to use T-junctions to braid Majorana anyons [26]. For further discussions on Majorana anyons and quantum computation, see, e.g. Ref. [27]. We will discuss topological quantum computation in later lectures; but you can read an article on this website: <https://ncatlab.org/nlab/show/topological%20quantum%20computation>.

**Why topological qubits?** Topological quantum computation is robust against noise (does not need active error corrections) [more on this in later lectures]. There are beautiful and elegant mathematics involved, e.g.,

$$\boxed{a \times b = \sum_{c \in M} N_{ab}^c c} \quad \left| \begin{array}{c} a \quad b \quad c \\ \diagdown \quad \diagup \quad \diagup \\ e \quad \quad f \\ \diagup \quad \diagdown \quad \diagup \\ d \end{array} \right| = \sum_f (F_{abc}^d)_{ef} \left| \begin{array}{c} a \quad b \quad c \\ \diagdown \quad \diagup \quad \diagup \\ e \quad \quad f \\ \diagup \quad \diagdown \quad \diagup \\ d \end{array} \right| \quad \left| \begin{array}{c} b \quad a \quad c \\ \diagdown \quad \diagup \quad \diagup \\ e \quad \quad f \\ \diagup \quad \diagdown \quad \diagup \\ d \end{array} \right| = R_{ab}^e \left| \begin{array}{c} a \quad b \quad c \\ \diagdown \quad \diagup \quad \diagup \\ e \quad \quad f \\ \diagup \quad \diagdown \quad \diagup \\ d \end{array} \right|.$$

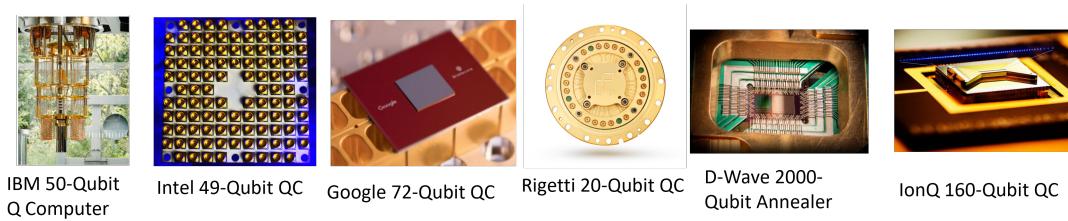


FIG. 11. Illustration of various quantum computers. (Pictures belong to respective companies.)

Qubits are encoded in different ‘fusion channels’ (i.e. analogous to different paths to arrive at a point). Quantum gates are implemented via braiding anyons. The above mathematics plus suitable choice of fusion channels give rise to quantum gates on qubits. To read out results, we need to bring anyons together and try to annihilate them, e.g. in pairs, to measure what is left. Despite the beauty in the formalism, however, it is still very challenging to realize good topological qubits [there is effort from academia and industry such as Microsoft (both theory and experiments)] and so far there is no real demonstration of topological qubits in experiments. We will have more discussions on topological quantum computation later in this course.

#### IV. CURRENT QUANTUM COMPUTERS

**Some existing quantum computers.** In Fig. 11, we display pictures of quantum computers made by various companies. Currently, there are many more and the number of qubits keeps increasing. There are many companies focusing different physical qubits and mechanisms of coupling. However, these are still noisy and are referred to as noisy intermediate-scale quantum (NISQ) devices [28].

Several implementations of quantum computers are done with solid-state devices, and it is a nontrivial task to engineer the interface between the quantum part of the system and the classical part of the control; see e.g. Ref. [29].

One of the most impressive experimental works done is the Google Quantum AI’s demonstration of ‘quantum supremacy’ on random quantum circuits [30]. But there are other important milestone works as well, such as Boson Sampling.

**Physical systems for quantum simulations.** Physical systems can also be used to simulate Hamiltonians and their dynamics; this is an idea proposed by Feynman in the 1980s [31]. There were various experiments demonstrating this. For example, cold atoms trapped in optical lattices have been used to simulate a lot of physics, such as Mott-Superfluid transition, Hubbard models, Haldane’s honeycomb models. These can be regarded as analogue quantum simulators. The topics of quantum simulations will also be discussed later in this course.

#### V. CONCLUDING REMARKS

In this unit, we have discussed various physical systems, but only superficially. Each system will require a lecture or two on its own.

It is a good time to check whether you have achieved the following Learning Outcomes: After this Unit, you’ll be able to know various physical systems and candidates to realize qubits and quantum computers.

**Suggested reading:** N&C chap 7 and various papers listed on the course website.

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